

# **GLUTEN FREE MENU**

Please note that certain items may be cross contaminated with gluten so please inform us if you are a coeliac.

## SMALL PLATES

SOUP OF THE DAY with gluten free toast (nv) 5.25

CHILTERN CHARCUTERIE with locally cured meats, gluten free toast and olives (n) 12.00

CHICKEN TIKKA SKEWERS with mint yoghurt and red onion salad 7.00

BUTTERNUT, BEETROOT, FETA and PUY LENTIL SPRING ROLL with harrisa aioli and rocket salad (nv) 6.75

CRISPY SALT 'n PEPPER SQUID chilli spring onion and cucumber salad 7.50

BUBBLE and SQUEAK with smoked bacon, free range poached egg and hollandaise sauce 6.75 / 13.25

# **BIG PLATES**

PAN ROAST SALMON FILLET with peas, gem lettuce and chorizo cream 15.75 SLOW DRIED TOMATO GNOCCHI with char grilled vegetables, mozzarella, black olives, basil and lemon dressing (v) 12.75 GRILLED SMOKED HADDOCK with garlic butter, creamed spinach, saffron new potatoes and cherry tomato ragout 15.25 STICKY DUCK LEG with honey, soy and ginger glaze, jasmine rice and steamed pak choi 16.25 SWEET POTATO and BLACK BEAN CHILLI with tomato rice, salsa and baby gem salad (nv) 12.75 SEARED CALVES' LIVER on creamy mash with smoked bacon and caramelised onion gravy 13.75 CHAR GRILLED 10 oz RIB EYE STEAK with hand cut chips, grilled tomato, dressed rocket and garlic butter 21.75

#### BURGERS (Served without the bun)

CHAR GRILLED CHICKEN BREAST BURGER

with caramelised pineapple, Emmental cheese, skinny fries, coleslaw and sweet chilli mayonnaise 13.25 HALLOUMI, ROAST RED PEPPER and MUSHROOM BURGER with sweet potato fries, coleslaw and garlic aioli (v) 13.25

#### SIDE PLATES

STEAMED PAK CHOI with ginger sesame and chilli dressing 3.50 GARLIC BROCCOLI with butter and parmesan 3.25 HOUSE SALAD with balsamic dressing 3.25 POTATOES hand cut chips, skinny or sweet potato fries, creamy mash 3.75

#### PUDDINGS

APPLE & RASPBERRY CRUMBLE with custard 6.50 CHOCOLATE BROWNIE with chocolate ice cream 6.25 RED WINE POACHED PEAR with vanilla ice cream 6.00 CHILTERN ICE CREAM Co. ICE CREAM 5.50 Chocolate, Strawberry, Salted Caramel, Vanilla CHILTERN ICE CREAM Co. SORBET 5.50 Passion Fruit, Lemon, Raspberry, Coconut

We add a discretionary 12.5% service charge to all food orders for our teams hard work. enquiries@thecross-keys.com - 01494 865 373 - www.thecross-keys.com